

PIPELINE

www.bc-girlguides.org

BC Girl Guides





Editorial

Editor's Note

Welcome to another great Guiding year! New members, thank you for joining; I hope you have a wonderful experience with us in this organization of choice for girls and women. Returning members, I hope you had a restful summer and are looking forward to the year ahead.

I watched the BC and national Girl Guide social media feeds with interest over the summer to see what members were up to. Guiding Mosaic looked like it was wet but fun, and I'm sorry I missed it! I was excited to see that the prime minister tweeted about the camp, saying "Camps like @guidingmosaic16 help young girls be the leaders of today. My congratulations to the Girl Guides of Canada on a great week!" Yes!

I look forward to another year of reading the stories and seeing the photos of your adventures through *Pipeline*. Enjoy the year ahead!

Cover photo credits:
Samantha Thompson (left), Gwen Walwyn (top right), courtesy Bonnie Kent (bottom right)

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PC'S PAGE

by Leslie Bush, *Provincial Commissioner*



Melissa Curotolo (left), Leslie Bush (centre), and Samantha Thompson (right).

Hello everyone and welcome to another year of Guiding!

This is my first PC's Page as your provincial commissioner. It is an honour to be your PC, and I am looking forward to the experiences ahead. I thank Dawnette Humphrey for everything she has done during her term as provincial commissioner. She is a true champion for Guiding and the Guiders of BC. She was steadfast in her efforts to make sure that Guiding in BC was the best that it could be, and she made sure that BC Council was always focused on what is best for the girls. As one member of BC Council put it, Dawnette "has the true heart of a Guider: fun, adventurous, goes with the flow, takes action for a better world/province, is always trustworthy and willing to lend a hand." She has left very large shoes to fill.

I do hope you all have had the chance to take a break, relax and recharge with your families and friends over the summer months.

For some of you that might have been after you attended Guiding Mosaic in Sylvan Lake, Alberta; for others, after you participated in travel near and far. I hope these shared experiences have resulted in some wonderful memories and new friendships.

This past June I attended the Girl Guides of Canada–Guides du Canada (GGC) Annual General Meeting (AGM) in Toronto. A Link conference was held at the same time, and BC was very well represented by the outgoing Link Liaison Samantha Thompson and the incoming Link Liaison Melissa Curotolo. Link members facilitated discussions with the Board of Directors, national staff and provincial commissioners about Link's role in Guiding. Did you know Link is 50 years old this year? I didn't! Happy birthday to Link!

At the national AGM, we said goodbye to Deborah Del Duca, who has been the CEO of GGC for 15 years. I wish her well in her future adventures. And I extend a warm welcome to Jill Zelmanovits, our new CEO, who brings 15 years of experience in the not-for-profit sector and currently works as a lawyer in Toronto. Jill spent five years as a trustee on the World Board of the World Association of Girl Guides and Girl Scouts (WAGGGS) and worked for the WAGGGS Eastern Region office in Brussels. She has been a director on the GGC national board and a member of the Audit and Finance Committee. I think she will be awesome in her new role with GGC.

Each year, GGC hosts Make a Difference Days to raise awareness

of issues facing girls and women. This year's Make a Difference Days are:

- International Day of Peace (September 21, 2016)
- International Day of the Girl (October 11, 2016)
- Human Rights Day (December 10, 2016)
- Canada's 150th birthday (July 1, 2017)

Make a Difference Days are opportunities to take action and fulfill our mission of making a difference in the world. Look for programming ideas, activities and instant meetings that will be posted on the national website.

I hope you are all eagerly awaiting the start of this new Guiding year. On behalf of BC Council, I welcome all new Guiders who are joining GGC. Thank you for choosing to volunteer with us, and I challenge you to take advantage of all GGC has to offer to you in return. To our members who have achieved the age of majority and are starting as Guiders, you have a wealth of experiences to share and to build on. I expect amazing things from you. To our returning Guiders, a very warm welcome back, and thank you for sharing your talents with us.

Whatever role you hold, I encourage you to make the most of this year. Attend a training or a district or area event to increase your knowledge and, just as importantly, widen your network of support within Guiding. Aside from enhancing your skills, the contacts and friendships you make will definitely enhance your experience.



Upcoming Events

DATE	WHAT	WHO	WHERE	NOTES
2016				
October 14–16	District Commissioners' Workshop	District commissioners	<i>Vancouver</i>	Registration deadline has passed.
October 21–23	Pathfinder Summit	Pathfinders	<i>Vancouver</i>	Application deadline has passed.
October 28–30	International Advisers' Workshop	International advisers	<i>Vancouver</i>	
November 4–6	Camping–Training Workshop	Camping and Training advisers, QM trainees	<i>Camp Kanaka</i>	Application deadline has passed.
November 25–27	PR Network Advisers' Workshop	District and area PR and Cookie advisers and communications (website, newsletter) people	<i>Vancouver</i>	Tentative. More info to come.
2017				
February (TBA)	Area Commissioners' Workshop	Area commissioners	<i>Vancouver</i>	More info to come.
February 10–13	OAL Adventure Module 8 – Snowshoeing Expeditions	Guiders who have started their OAL Adventure Camping training	<i>TBD</i>	Application deadline is October 31, 2016. See page 23 for more details.
March 3–5	Program Advisers' Workshop	One area program adviser and one district program adviser per area	<i>Vancouver</i>	
Spring (TBA)	Safe Guide Assessors' Workshop	Safe Guide assessors	<i>Vancouver</i>	
June (TBA)	GUEST on the Island	SVI and Pacific Shores Guide patrols	<i>TBD</i>	
October (TBA)	Presentation and Communication Skills Workshop	Trainer candidates, Guiders wanting to improve these skills	<i>Vancouver</i>	
November	Training Advisers' Workshop	Area training advisers	<i>Vancouver</i>	

More info to come.



AWARDS

Bronze Merit

Barbara Baldwin
Taryn Biggs
Kerri Cairns
Fiona Daubaras
Mayra Funes
Sarah Grierson Bishop
Nicole Guizzo
Christine Harrison
Dawn Haugan
Sandra High
Anette Hjort
Lee-Ann Hunze
Alyssa Kennelly
Carol Kostopoulos
Seija Laine
Amanda Malthus
Jessica McIntyre
Caitlin Morris
Corinne Murphy
Kerry O'Nanski
Gillian Paton
Deanna Peters
Susan Potts
Lauren Reid
Rosamond Smith
Jennifer Tremblay
Dora Turje
Karen Turner
Shannon Turner
Rosalie Vlaar
Kym Whitefield
Theresa Wilson
Elizabeth Wood
Andrea Zimmerman

Campbell River
Lions Bay
Richmond
North Vancouver
Powell River
North Vancouver
Nanaimo
Burnaby
Prince Rupert
Duncan
Ladysmith
Victoria
Roberts Creek
Richmond
Ladysmith
Edmonton
Nanaimo
Cobble Hill
Nanaimo
Quesnel
North Vancouver
Chilliwack
Duncan
Burnaby
Coquitlam
Burnaby
Burnaby
Duncan
Richmond
North Vancouver
Duncan
Nanaimo
Gibsons
West Vancouver

Colleen Kellner
Karen Kielbasa
Brenda Knowles
Gerry Koepke
Sue Lehmann
Erin Rossmann
Sylvia Roxin
Renata Triveri
Shannon Upton
Carla Wilks

North Vancouver
Richmond
Langley
Burnaby
Salt Spring Island
Quesnel
Kelowna
Maple Ridge
New Westminster
Burnaby

Gold Merit

Christine Boyd
Kevin Joan Breakey
Louise Chase
Deborah English
Morag Forster
Janice Frueh
Debora Jackson
Maria Lee
Terry Newell
Nancy Poisson
Heather Reandy
Patricia Robertson
Munira Samji
Johanna Scott
Carol Smith
Breanne Smythe

Powell River
Nanaimo
Kamloops
Gibsons
North Vancouver
Duncan
Surrey
Richmond
Courtenay
Burnaby
Surrey
Lower Nicola
North Vancouver
Lantzville
Duncan
Delta

Medal of Merit

Tracy L. Clark
Sandy Janssens
Jacqueline MacDonald
Kathy Murphy
Pamela Pellegrini

North Vancouver
Surrey
North Vancouver
Chilliwack
North Vancouver

Silver Merit

Erlene Amero
Elizabeth Baerg
Michelle Bennett
Susie Chant
Nancy Curatolo
Dianne Dennis
Mary D'Isendoorn a Blois
Darlene Haugan
Cynthia Holborn

Saanichton
Kelowna
Salt Spring Island
North Vancouver
Kelowna
Powell River
Duncan
Prince Rupert
Surrey

Beaver

Julie Thomson

Kelowna

Fortitude

Lee-Ann Knight
Patricia Mahon
Deanie Patten
Joan Ross

Nanaimo
Duncan
Nanaimo
Surrey

Honorary Life

Donna Hillman

Burnaby

Note: The awards list is created from the iMIS database. If an award was presented but not entered in iMIS before the Pipeline submission date, it will not be included here.



2016

Announcing BC's 2016 Bursary, Grant and Scholarship Recipients

Tracy L. Clark, BC Awards Adviser

In the last 100 years, seven million Canadian girls and women have been involved in Guiding. Throughout our history, Girl Guides of Canada—Guides du Canada has prepared girls to meet the challenges that they face head on. Whether it was girls learning to bandage wounds during the First World War or girls today working on their anti-bullying badge, Guiding continually evolves to reflect the needs and interests of contemporary girls and women. Today, Guiding's innovative programming is helping the next generation of Canadian

girls become confident, courageous and resourceful leaders.

The 2016 bursary, scholarship and grant recipients embody what today's Guiding is all about. Congratulations to this year's recipients. BC Council is proud and honoured to support you as you take the next step in pursuing your education goals and developing a rewarding career path.

The BC Awards Committee has a difficult task each year of selecting the recipients from the many excellent and worthy applications that are submitted.

Guiding thanks all who have contributed to making these educational funding opportunities available to our members. Through the bursaries, education grants and scholarships, the recipients are being empowered to become the best they can be. These funds help make their dreams come true.

The introductions to this year's recipients include excerpted answers from their application to the following question: "Explain how Guiding has enriched your life and influenced your future plans."

BC Council Bursary of Honour

Taylor, West Coast Area

Through Guiding I've learned valuable skills, volunteered in my local community, mentored younger girls, and travelled abroad, and I currently work as a Junior Leader. Despite numerous GGC distinctions, I believe my role as a Junior Leader is what I'm most proud of. I've volunteered as a Junior Leader for the past two years and have even taken a weekend workshop on Junior Leadership. I want to continue to inspire, educate and help young girls accomplish anything they set their minds to. I'm proud to be giving back to an organization that has given me so much. It's humbling to know that as a Junior Leader, I may inspire young girls in the same way my leaders inspire me.



in enriching society, whether it is through an environmental initiative or a social cause. I found my love of helping others with my involvement in Guiding, and that's led to my future plan of becoming a second-generation nurse. I couldn't imagine where I would be without Girl Guides.

Isabella, Southern Vancouver Island Area

When I started Guides, I was a timid eight-year-old. After 10 years of Girl Guides I have grown into an independent young woman with confidence in myself and my leadership skills working in my community to help the homeless and internationally helping build healthcare centres in India.



Girl Guides sparked my interest in helping others and law and politics, so I can impact the world in a positive way. Because of opportunities from my Guide unit, I got involved in Youth Parliament. Most of all, Girl Guides has allowed me to realize that I can achieve anything because I will always have the power of the sisterhood of Guiding behind me, to pursue my dream of becoming prime minister and improving the lives of all Canadians.

BC Council Bursary (eight recipients)

Grace, Lions Area

Guiding has been with me since the start of my educational career. It's provided me with the drive to give back to my community. It's taught through every level of Guides that giving back and volunteering is key for creating a positive change in the world. Being a part of Girl Guides is such a privileged opportunity, and with privilege comes the responsibility of reciprocating Guiders', Leaders' and Junior Guiders' time with involvement



Meggin, Southern Vancouver Island Area

Guiding has given me so many priceless gifts over the years, including friendships that will last a lifetime. Guiding has also taught me how to be true to myself and how to be comfortable in diverse situations. Due to the amazing camping trips that I





2016

have been on over the years, as well as the knowledge I obtained during the planning of camps, I plan to share the gifts of nature with my friends and family throughout my life. My experience in Guiding, including a provincially sponsored trip to India, have also inspired me to use my abilities to improve the world. This fall, I hope to volunteer with Sparks as I work towards an engineering degree to help create positive change in the world.

Nicole, Lions Area

Guiding has enriched my life on many levels, from both girls and adults that I have met and become friends with. The adults in my community are mentors to me, which I appreciate. The skills I have learned I've put to good use, through my work and at school, particularly now in my Outdoor Recreation Leadership course. The travel experiences have created a desire in me to continue travelling and meeting others, as the world becomes a smaller place and I learn a little more about myself every trip. Guiding has absolutely influenced my career choices, as I want to go into Adventure Tourism at Thompson Rivers University, and this is due to my love of the outdoors. My leadership skills will serve me well too.



has taught me to appreciate giving back to the community and being generous with my time and knowledge. Through my years in Girl Guides, I have gained much respect and I have learned to respect others. I would like to continue being in the Girl Guide Movement as a leader to help other girls become dynamic individuals. Volunteering with children has helped me decide on my future career path which is to graduate in medicine and specialize in pediatrics.

Taya, Monashee Area

When I began Guiding, I was shy and very hesitant to try new things. It was hard for me to make friends and talk to people or groups. In my Guide unit, I found an accepting and encouraging group of young girls and adults. I began to become much more comfortable being myself. Guiding has helped me to open up to new and exciting experiences. It was through Guiding that I took part in a science camp at UBC Okanagan and found a deep interest in a field that I had never before considered. I will be attending university to get a degree in science and I have Guiding to thank for that. Guiding has pushed me to become a leader in my community, and I am so thankful for all that my Guiders have helped me achieve.



Nyree, Pacific Shores Area

Guiding has enriched my life by teaching me about the importance of planning. Throughout my 13 years in Guiding I have learned an immense amount about how to become a successful planner. This has impacted my future plans as I want to become a teacher overseas and I have an incredible urge to travel. Planning is a huge part of being a teacher as well as a key skill to have for a successful trip. Teachers spend many hours creating new and improved lesson plans for their students. Packing, accommodation and transportation plans involve hours of successful planning in order to have a smooth trip. Guiding has taught me many things about time management as well as organization that will continue to help benefit my planning skills within my future.



Virginia, Pacific Shore Area

Being involved with Guiding has been the best decision of my life. I have learned to push myself to the limit, be prepared, think for myself and care for others. My involvement with Girl Guides has allowed me to branch out and try new things, give back to my community and meet new friends that will last a lifetime. In the future, I plan to study medical sciences, with the hopes of one day attending medical school to become a licensed pediatrician. My involvement in Guiding reminds me every day to reach for the stars and chase my dreams. It has helped me work hard to get to where I want to be, and helped me realize my love for children, medicine and helping others.



Shefana, West Coast Area

My years in Guiding have made me an all-rounded individual. I have learned positive values and skills through participating in adventure camps and service activities in the community. It has developed my confidence through leadership skills and has made me aware of my strengths. It



Eve Pound Scholarship

Katherine, West Coast Area

Guiding has given me the opportunity to become a leader and to travel, and has been a large influence for my decisions to become an elementary school teacher. From a young age, I have been a member of Girl Guides and I have been able to



continued on page 8 ➡



continued from page 7 ➡

experience the positive impact that leaders have in mentoring girls. As I grew older and have had the opportunity to work with younger girls, I was able to see the girls grow and become more confident as the year went on. Being able to witness the influence an adult or Junior Leader can have confirmed my plans of wanting to pursue teaching to continue so I can have a positive impact on every child who walks into my future classroom.

Margery Dumfries Scholarship

Tayana, Monashee Area

Just as the Guiding Mission, Vision, Values and Law say, the ultimate goal of the organization is to teach girls respect for themselves, honesty, friendship and to make a positive difference in her life. Guiding has done just that; my friends have supported me throughout the years and will be lifelong. I have learned determination, motivation, ambitiousness, how to lead and most importantly, how to love and respect myself. In Girl Guides, I am a powerful woman and that has shaped so much of my life. I have taken all those skills and translated them into a degree in political science, where I hope to continue in politics for law and change the world.



BC Trefoil Guilds' Education Grant

Neha Chhatre, Lougheed Area

Till I was a Guide, I used to be extremely quiet, and shy. I never had the confidence to speak up in a group and voice my opinion. However, through attempting different adventures like backpacking and snow camping with other girls, I developed the confidence and self-esteem needed to make me more independent. Camping was a great way for me to experience something out of my control zone, like learning basic survival skills, and as a girl, how to stay without my parents. Not to mention the organizing and planning skills I acquired after planning my



Gold Camp in Pathfinders. The merit badges for science and math sparked my interest and helped me discover the field of engineering. As a Brownie leader it was my favourite meeting to lead because I got to share my passion with other girls.

Pat Drugge Adult Bursary

Stephanie Mann, Lions Area

Guiding has taught me that everyone can be part of something, feel included and make a difference despite their personal, physical or mental abilities. The caring and sharing of Girl Guides helps me in my day-to-day care employment, and will help me as part of the mental health community. I take the sisterhood and inclusivity message of Girl Guides to heart.



Aliza, Chaim and Tova Kornfeld Scholarship

Shaylee Peterson, West Coast Area

Guiding has been indispensable to me developing the skills I use in my educational pursuits and in my career. Guiding constantly gives me opportunities to hone my leadership and organizational skills through facilitating and planning camps, meetings and other special events. It has given me the opportunity to develop my social and emotional intelligence by interacting with girls, parents and other Guiding members from all socioeconomic statuses, ethnic backgrounds and experiences. I use and will use these skills daily to communicate with health care professionals and patients. Guiding has given me an approach to problem solving; I can use a similar approach to solving a gear problem that arises at camp to helping a patient with complex medication issues. Guiding gave me my first community service exposures as a girl, which instilled in me empathy and a desire to continue to give back as a caring health care professional.



Identify Your Membership Number

Five membership numbers are randomly drawn from the iMIS database for each issue of Pipeline. If your number is listed below, you are eligible to receive a gift from the provincial PR Committee. To receive your gift, send an email, identifying your number, to pipeline@bc-girlguides.org by October 15, 2016.

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Learning to Lead: Notes from the Super Program Sparks Guider Conference 2015

Colleen McKenna, BC Program Co-Adviser

Last November, BC Council provided me with the opportunity to attend the Super Program Sparks Guider Conference for Ontario Guiders. It was so exciting to be in a huge ballroom surrounded by hundreds of Sparks Guiders. Although I have been a Guider for 20 years and run conferences and trainings for Guiders, I learned something new each time I sat down for coffee to simply chat with other Guiders. In addition to the wealth of new skills I would bring to my Sparks and co-Guiders, the conference was also worthwhile to me as a Program Committee member.

The keynote speaker was Mark Collard from Australia. A motivational speaker who looks at how youth organizations and schools teach their curriculum, he focuses on "learning through play." He has authored several books, including *Serious Fun*. The focus of his keynote address was transforming the learning experience by adding experiential learning (fun, hands-on learning) to our program. This is really what Guiding already does, but the speaker broke it down into a process, helping the Guiders to see how we have been approaching teaching new skills and creating new experiences. Mark described our comfort zone (where we love to be), the stretch zone and the panic zone. Most of our learning and development occurs in the stretch zone, outside of our comfort zone but well away from the panic zone. By using games and engaging activities, we can safely bring Sparks and girl members to the edge of the comfort zone and slightly into the stretch zone, thus making the comfort zone bigger and facilitating personal growth. Our breakout group talked about how diverse each Spark is; some Sparks are already out of their comfort zone by walking into the hall. As Guiders, we need to create safe and comfortable spaces

and experiences that challenge a diverse group of girls.

One key way to make learning fun is to eliminate long discussions and switch to interactive hands-on activities. Guiders can refer to the Spring 2016 FunFinder (www.bc-girlguides.org; select *Volunteers > Guider Resources > Publications > Fun Finder*) for examples of alternative activities to lengthy discussions in our program. Another way to make learning fun and engaging is to provide girls with the opportunity to lead or direct the program. Let the girls in your unit have input into which interest badges you are going to accomplish as a unit and which specific activities your unit will do to complete Core Program. Attempt to make your activities engaging, challenging and non-threatening for the participants.

A question that I have had for a while is "How do we build leadership in our Sparks and Brownies?" As a former Guide leader, I can see how we build leadership in Guides and Pathfinders. Due to the short hour-long meetings and the age group of Sparks, I have questioned how we can effectively develop leadership skills in our youngest member group. Am I building their leadership capacity at my meetings? I was so excited to attend the session on leadership at the conference. It was run by a 19-year-old Guider and she gave one of the best sessions that I have ever attended at a conference! This was a testimony to leadership-building skills in our program! Through discussion, videos and interactive activities, she helped us create a framework for building leadership skills in our Sparks. Leadership skill development occurs when:

★Girls have opportunities to take independent actions. Leaders can ask for volunteers to help pass out badges, set up an activity or to help clean up.

★Girls make choices. Activities where girls can make choices help develop decision-making and problem-solving skills.

★We praise girls for taking initiative, for example, when they help to clean up and organize supplies without being asked. This develops their leadership confidence, and creates an atmosphere where girls are encouraged to pitch in and help.

★We create opportunities for girls to gain confidence by doing a variety of activities with various skill levels for activities and crafts.

★We play games that are co-operative and provide leadership opportunities.

★We allow children to see things from another person's point of view. Encourage girls to listen carefully and to always respond in a respectful manner. This develops empathy and good communication skills.

Each Spark comes into our unit with leadership potential, and the extent to which this potential is already developed is unique for each girl. One Spark may show her leadership potential by leading games, another by cleaning up after a craft and another by ensuring she has all the pieces of her uniform on at the meeting. As leaders, it is our responsibility to build their leadership capacity from the level of leadership development they are at as individuals and to celebrate their achievements.

I would like to thank BC Council for the opportunity to attend this conference. I encourage Guiders of all branches to attend training sessions, incorporate experiential learning into your program and provide leadership development opportunities to your girls in all branch levels.



BC Camping Committee



Camp to Go: Brownie Magic

The BC Camping Committee would like to (re)introduce you to Brownie Magic, the first Camp to Go developed by the BC Camping Committee. Many units have used this package since its debut in 2002, and we hope more girls and adults will have lots of fun being magical!

In the Brownie Magic Camp to Go package, you will find the program outline for a two-night event and a wide variety of activities, games and crafts to choose from. There are menu and recipe suggestions, a campfire,

Guides Own' and a kit list. Build your camp to suit the season, your accommodations (building or campsite), the number of girls and the available time. Pick those activities that work best for you and the girls and remember to be flexible.

When you have fulfilled the requirements, complete the BC Crests Order Form found on the BC Girl Guide website (www.bc-girlguides.org; select *Camping > Camps to Go*). Instructions on how to order the crests are provided on the form.

Try this craft from the Brownie Magic Camp to Go!

Magic Wands

Materials:

- wooden dowels or other wand material cut to a length of approximately 12 inches (30 cm)
- ribbon
- paint, glitter, stars, stickers, fabric, other decorations
- glow-in-the-dark materials, if available
- tacky glue and/or glue guns
- scissors
- plastic tablecloths and drop sheets to protect the floor from glitter

Method:

1. Decorate the dowels with the craft materials available.
2. Have the girls write in the air using their wands. If you used glow-in-the-dark materials, turn out the lights for extra magic.

Try this magic trick from the Brownie Magic Camp to Go!

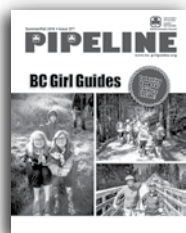
Coin Trick

Materials:

- paper or plastic cup
- paper towel
- a coin
- a hard surface

Method:

1. Place the cup upside down over the coin and cover the cup up with the paper towel.
2. Lift up the cup and make the audience concentrate on the coin. While they are not looking, drop the cup on your lap. Still holding the paper towel, which should be in the shape of the cup, place it back on the table.
3. When you have the audience's attention, smash the paper towel "cup" and drop the cup from your lap onto the floor. Show the audience that there is no hole in the table and the coin is still there.



Pipeline is available **online!**

A limited number of past issues of Pipeline are now available at www.bc-girlguides.org; select *Volunteers > Guider Resources > Publications > Pipeline*. Note: Issues are available as PDF files and are about 10 MB in size.



BC Camping Committee

Limited time to get your Sparks Gold Rush crests! Get Them Before They Are all Gone!



Howdy pardners! Welcome to the era of the Gold Rush! Take your Sparks back to the exciting times of hunting for gold in the back of beyond with this easy to follow Sparks Gold Rush day camp. Have fun learning about life and prospecting in the past century.

In this camp package, you will find the program outline for a day camp and a wide variety of activities, games and crafts to choose from. There are suggestions for a menu and recipes, a campfire, Guides' Own and a kit list. Build your camp to suit the season, your accommodations (building or campsite), the number of girls and the available time. Pick those activities that work best for you and the girls and remember to be flexible.

When you have fulfilled the requirements, complete the BC Crests Order Form found on the BC Girl Guide website (www.bc-girlguides.org; select *Camping > Camps to Go*). Instructions on how to order the crests are provided on the form.

Try this activity from the Sparks Gold Rush Camp to Go!

Whirligig

Materials:

- stiff cardboard (the thicker the better)
- scissors
- crayons or felt pens
- awl
- string

Method:

1. Draw a 4-inch (10 cm) circle on stiff cardboard.
2. Cut out the circle and colour it as desired.
3. Using the awl, punch out two small, diagonal holes in the circle, each about 3/8 inch (9 mm) from the centre of the circle.
4. Thread about 2 ½ feet (75 cm) of string through the holes and tie the ends together.
5. Hold the string between the thumb and index fingers of both hands, twirl the circle until the string is taut, then stretch it out and pull hard to make the whirligig spin!

Welcome Wagon Supports

Girl Guides of Canada-Guides du Canada

Welcome Wagon and Girl Guides of Canada are working together to welcome newcomers and increase the awareness of Girl Guides in BC communities.

When a new family moves into your neighbourhood or a future Spark is born, contact Welcome Wagon (by phone or through their website) and let them know. The local Welcome Wagon representative* will personally visit the family and provide information about the local community and Girl Guides.



Start a Friendship Today
www.welcomewagon.ca

*Welcome Wagon representatives may not be available in all communities in BC.





Instant International

Nancy Haynes, BC International Committee

The BC Girl Guide website has some excellent ideas that cover international programming. All of these resources have unique crests available, too (which can be ordered through the provincial website). Check out these great challenges and resources!

The following challenges are available on the International Resources page of the BC Girl Guides website (www.bc-girlguides.org; select *Program > International > International Resources*).

BC World Tour Challenge (All Levels)



Includes meeting activities for each of the four World Centres. Explore Pax Lodge, Our Chalet, Sangam and Our Cabaña with activities, songs and games. Pax Lodge and Our Cabaña activities are available online. Sangam and Our Chalet should be online by January, but you can

always borrow the appropriate World Centre binder from your international adviser (or commissioner).



Peru Twinning Instant Meetings (Brownies and Guides)

Give your girls a taste of Peru by presenting one of these meetings.

CWFF Pizza Challenge (All Levels)

Think of a creative way to earn donations for the Canadian World Friendship Fund. If you earn the most money per member for your level, your unit will be given a prize of a pizza party. The unit/group with the most creative way to raise money will also win a pizza party. There are four different pizza slice badges, which means that you can repeat the challenge four times over the years to complete your pizza.



The following challenges are available on the Provincial Challenges page (www.bc-girlguides.org; select *Program > Challenges & Activities > Provincial Challenges*).

Diversity Challenge (All Levels)

This challenge was created to encourage girls and Guiders to explore the concept of diversity and what it means in the community where they live. Girls use movies, skits, discussions, guest speakers, displays and other visual aids to complete this challenge.



Discover Hostelling Challenge (Guides, Pathfinders, Rangers)

Girls learn about hostel travel around the world. The focus is on choosing hostelling as an alternative form of travel that is cheap, fun and safe, and provides an opportunity to learn about other cultures from around the world. Girls actually sleep in a hostel to complete the challenge!



The following Camp to Go is available on the Camps to Go page (www.bc-girlguides.org; select *Camping > Camps to Go*).

Global Happenings Camp to Go (Pathfinders and Rangers)

This Camp to Go is designed for girls to learn about global issues, ask questions, develop their own opinions and think about ways in which they can help. While the issues covered in this camp are complex and can be challenging, they affect the lives of millions of people around the world every day and are important for members of Guiding to understand. Activities in the Camp to Go can also be used to plan meetings.



Coming Soon: Pacasach (All Levels)

This Camp to Go will provide Guiding members with an opportunity to enjoy and experience the World Association of Girl Guides and Girl Scouts (WAGGGS) World Centres programming at camp.



Up Your Chances for an International Trip

Lynne Wright, BC International Committee

So, the international trip of your dreams is on the list this year. How do you get selected? You need to prepare by thinking about who to ask for your references and by locating your iMIS number. Make note of the deadline and give yourself time to fill out the application form.

The application forms are on the national website and must be submitted online. Be sure to read everything carefully and seek help if you have trouble. Follow the instructions carefully. If it says 75 words or less, count your words when drafting your answer. You won't be able to submit a longer answer.

There will be a self-evaluation section about your skills and abilities. Be sure to use concrete examples to explain your qualities. For example, "I adapt effectively

to different situations" could be shown by saying "I adapt well by trying to enjoy the changed plans" but a much better answer would be "When I went to camp last fall, I expected to be part of a patrol, but was asked to act as cook's helper instead. It was fun and I learned a lot. The quartermaster asked if I would help her in the future."

Some other statements you will be asked to address include how you are knowledgeable about Girl Guides of Canada and the World Association of Girl Guides and Girl Scouts (WAGGGS). You will be asked about relevant experience and fitness for the trip, and about your camping experience.

The next section asks you to explain in 600 words or less why you want to go on this specific trip. If the selections

committee can't tell what trip you are applying for, you won't be selected.

The final section is a trip-specific question found on the fact sheet for the trip. Take time to prepare your answer and give as much information as you can.

Save your application frequently to avoid any potential issues with losing your work. You might want to work on your application over the course of a few days to give yourself a chance to think about your answers.

Remember, the deadline is midnight Eastern Standard Time! That means 9 p.m. Pacific Standard Time! The website stops accepting applications exactly on the deadline, so don't miss out. Apply early.

Good luck with your application!



The Provincial PR Committee Wants You!



Do you want to help let members and the public know how great Guiding is? Are you knowledgeable about the organization's Vision, Mission and Values? Are you a great communicator? Then maybe the BC PR Committee is the place for you! The committee is looking for two new members.

Publications Coordinator

The publications coordinator is responsible for editing and managing the development of the *Pipeline* publication and other print materials. She also provides editorial leadership to the provincial editorial team.

Requirements

- an understanding of the editorial and print production processes
- excellent copy-editing and proofreading skills
- an understanding of copyright laws
- ability to follow and maintain a style guide in print publications

If you have any questions about the position or wish to express your interest, please email pipeline@bc-girlguides.org by October 15.

Social Media Coordinator and Area Liaison

This member of the PR Committee is responsible for managing the BC Girl Guide social media platforms. She coordinates communication between the provincial committee and the areas. She writes content for social media posts, the BC Girl Guide website and *Pipeline*, and performs other administrative tasks as required.

Requirements

- experience with social media platforms including Facebook, Twitter, Instagram and YouTube
- ability to develop social media strategies, in collaboration with the PR Committee
- excellent writing skills
- good understanding of the GGC Style Guidelines and Social Media Guidelines

If you have any questions about the position or wish to express your interest, please email publicrelations@bc-girlguides.org by October 31.



Pedals, Paddles and Packs 2015: Beginner Backpacking Out-trip

Gwen Walwyn, Guider

Pedals, Paddles and Packs was first conceived by four area camping advisers (Cindy McInnes, Julie Ramsay, Tammy Tromba and Gwen Walwyn) at a Provincial Camping Committee planning and training weekend. The goal was to offer taster adventure camping opportunities for Pathfinder-aged girls who might not have had much opportunity to try cycling, canoeing, kayaking or backpacking.



The project quickly grew in scope to include intermediate and beginner options, and rock climbing. Adele Cooshek joined the original group of four and was a great asset, resource and help for the team.

Between the four areas we have an amazing wealth of talented leaders with the experience and skills to take girls on adventure trips—and more in training as they complete the Adventure OAL



modules. Watch out, BC! There should be lots of Pathfinders, Rangers and Trex girls safely enjoying this beautiful province of ours!

The first night was spent at Camp Olave. Thank you to our amazing QMs (Tammy's family rocks!). Saturday dawned very early for the rock climbers; they were on the first ferry from Earls Cove. The kayaking, canoeing, cycling and backpacking groups had a more leisurely start, with time to sort gear, repack and prep lunches and breakfasts.

Eleven backpackers squeezed into two vehicles for the winding drive up the coast, with leg stretch/short explorations at Francis Point Marine Park and Dan Bosch Park before the real hike on the Suncoaster Trail began. The beginning of the trail meandered up and down, with a 50-m elevation gain and descent in the first kilometre. Numerous pauses for photos, water and conversation helped keep everyone's spirits up. The chance to refill water bottles was a welcome break. Everyone experimented with a pump filter or SteriPEN to purify lake water. Onwards along level-ish terrain to Klein Lake, where we found an idyllic campsite with a swimming dock nearby. Tents were quickly pitched, locations for our bear caches staked out and plans for swimming and dinner sorted out. Firewood for the campfire was tinder dry and easy to find, and the outhouse wasn't too far away either! Several brave souls had a dip in Klein Lake, the water being pronounced "warm, once you get used to it!" Later that night, lying in the tent (no need for the fly), looking out towards the lake or up at the stars and trees, it was hard to imagine a better place to be or a greater



group of girls to be with. All the girls were troopers, helping one another, making friends quickly and sharing good books or movie recommendations.

Sunday began early with birds calling cheerfully to one another. The lake looked most inviting and calm with the mist rising from it. Breakfast was "cooked" in tin foil, wrapped in waxed burlap which was then lit. Camp was quickly tidied up, then we played camping Jeopardy with the winning side choosing an activity for the other team to perform (planks, sit-ups, jumping jacks, etc). The return hike was much quicker, being mostly downhill with slightly lighter packs, and animated conversations to add wings to our feet. Seeing the camaraderie and ebb and flow of walking partners among the girls was heartwarming, and overhearing comments about how much they had enjoyed themselves and what they want to try next year was so rewarding.

Thank you to everyone who was a part of making this camp happen!





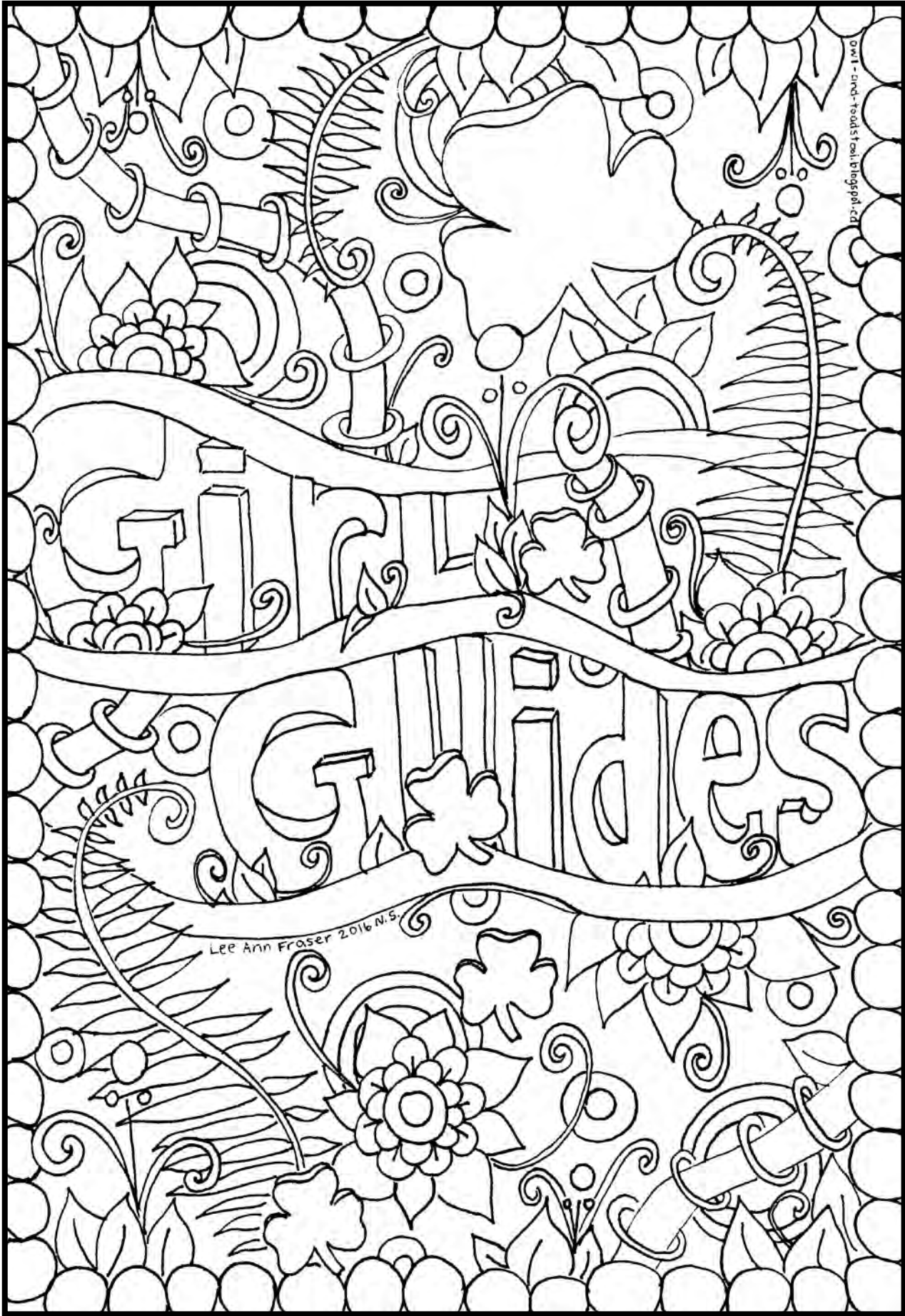
Girl Guide Colouring Pages

Pull out your
coloured pencils
or markers!

*Let the stress melt away and settle
into the calming joy of colouring.*

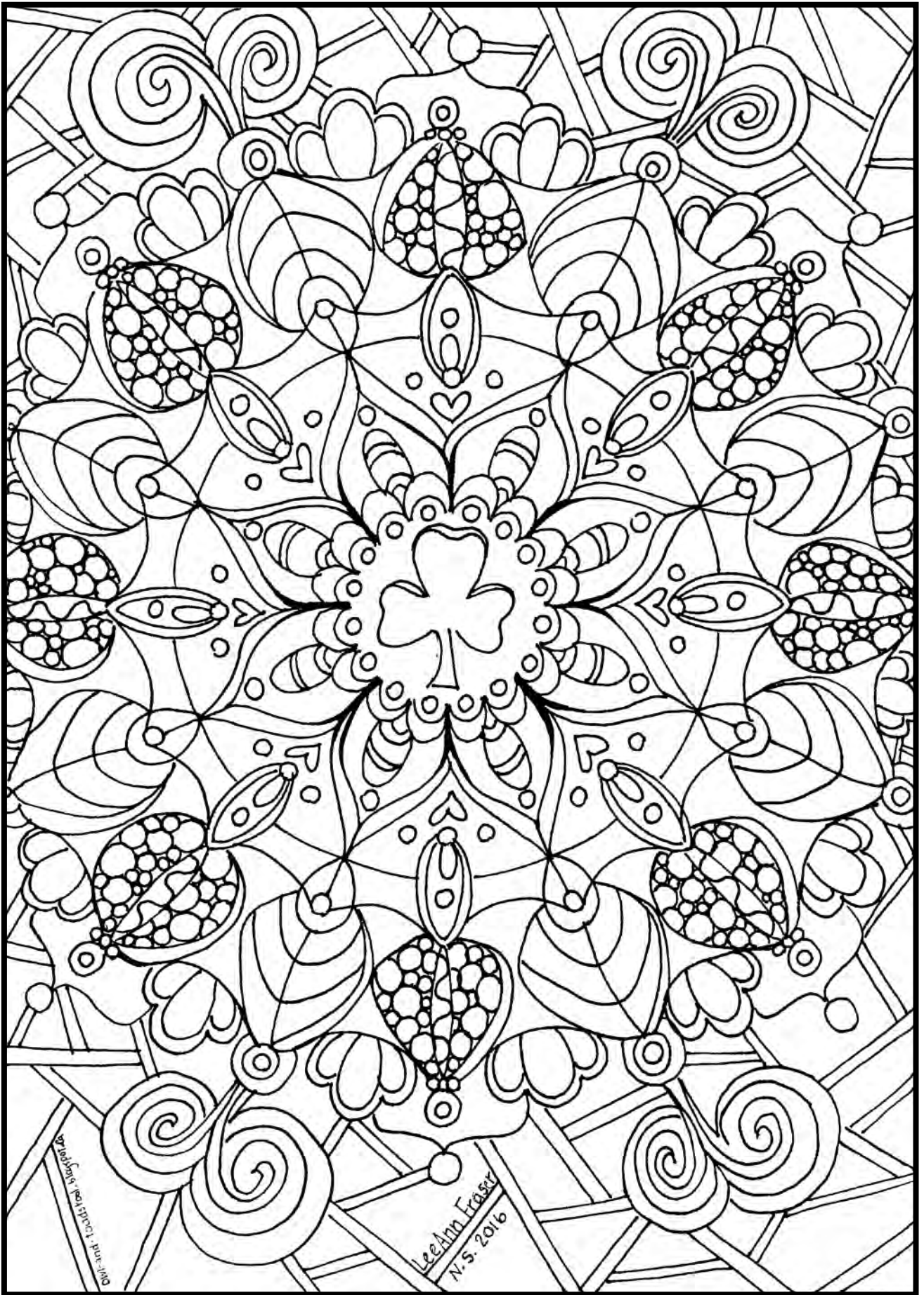
These wonderful Girl Guide–inspired designs
were created by Lee Ann Fraser, a Guider in
Nova Scotia. Visit her blog, Owl and Toadstool,
at <https://owl-and-toadstool.blogspot.ca/>, to
see more of her creative designs.

Sit back, relax
and enjoy!



041 - Girl - Todd's Fall, blog.pdf - cd

Lee Ann Fraser 2016 N.S.



Copyright © 2016 by LeeAnn Frassy

LeeAnn Frassy
N.S. 2016





Making Camping Accessible

Hannah Scott, Guider, West Coast Area



With accessibility and inclusiveness at the forefront of current Guiding policy, every Guider should be prepared for modifications to help girls participate. My Brownie unit includes a cheerful and energetic seven year old with cerebral palsy—she uses a walker and/or wheelchair to get around. We are learning how to make sleepovers and camps work for every girl in our unit and want to pass along some practical tips to ease this path for other Guiders!

Planning

- When choosing a campsite, make sure it is wheelchair accessible.
- Depending on what kind of wheelchair the girl uses, and what kind of physical limitations she has, some campsites may not be appropriate. For example:
 - ★ A girl who uses a manual wheelchair (that she operates herself) may have trouble with forest trails or gravel paths; ensure that the road into camp can be accessed in a wheelchair.
 - ★ A girl with an electric-powered wheelchair may require an outlet to recharge the chair overnight.
- Some cabin floor surfaces may not be suitable for certain wheels; if possible, contact the caretaker or site manager with specifics of the girl's chair and how she will be getting around to establish if the site will be a good fit.
- How do girls get from place to place? If the paths within camp are hilly or full of roots, an alternate solution may need to be found.
- Communication is key! If plans for camp change at any point or you need more information on solutions that will work for a particular girl, it's never a bad idea to ask her parents. Just make sure you approach it with the girl's enjoyment as your first priority.

Getting girls to camp

- Are wheelchair buses available from your local school bus provider? If not, try HandyDART (if you live in the Lower Mainland), wheelchair-accessible taxis, or other rentable forms of transportation.
- Parents should only be asked to drive their daughter to camp as a last resort or if other transportation falls through, as this only makes the girl feel isolated. The goal is to give her the same camp experience as any other girl, so while driving in a private vehicle may be simpler, it often is not the best option.

At camp

- Make sure the planned program is wheelchair accessible; providing an "alternative" often will not cut it for younger girls, who may feel left out of the activity their friends are doing.
 - ★ If there is an unavoidable inaccessible activity, make sure there is another way that girls can participate. Sitting and watching is not a fair alternative.
- Give lots of time warnings for activity or location changes; offer help in moving from place to place if necessary. Plan to take a little extra time in transitions and getting settled.

Apparently, this was only the second time my Brownie had ridden in a yellow school bus, and she smiled through the whole trip. Above all, and especially if planning small details becomes frustrating, I can promise you that the massive grin on a girl's face will make it all worth it. Camp is for every girl!



GONE HOME



Betty Anderson	<i>Langley</i>
Eileen Gunning	<i>Sidney</i>
Judith Kalinczuk	<i>Salmon Arm</i>
Marjorie Kosiancic	<i>Abbotsford</i>
Sheila Lemon	<i>Nanaimo</i>
Lois McCrady	<i>Port Coquitlam</i>
Clare Morrow	<i>Richmond</i>
Emma Smith (Pathfinder)	<i>Victoria</i>
Eleanor Tanner	<i>Port Moody</i>





SOAR: It's Worth the Time!

Samantha Thompson, SOAR Steering Committee

“It seemed a little risky, enjoying something so ... fun, but I couldn't help it.” —Susan Juby, *Alice, I Think*

Until recently, my only experience with Smithers was through the *Alice, I Think* books that I read when I was a teen. Although Smithers was primarily the backdrop for Susan Juby's entertaining characters, the series still left me with an unexpected desire to go there, someday—if only to see if there was as little going on in the town as Alice suggested.

Such an opportunity arose in early June when the SOAR 2017 Steering Committee went to Smithers to begin

planning for next year's camp. Quickly, I discovered that Alice was wrong—there is plenty going on in Smithers, and there are plenty of places to explore. From a café with fantastic coffee, to a bakery with deluxe doughnuts, to the many, many beautiful hiking trails that surround this town, it was apparent that the decision to have Smithers host our next SOAR was a great one.

One thing I've always appreciated about SOAR is its ability to take us all over our province and to remind us that BC is home to cities and towns that each have their own special feel. SOAR 2017 will be my fifth SOAR, and I distinctly remember each location with its own challenges and triumphs. Merritt was dusty, but the centre stage was always host to our international guests sharing their cultures (it's where I tried Marmite for the first time). Parksville was wet, but we spent our last night sleeping underneath the stars. Agassiz had plenty of mosquitoes, but it was my first SOAR as a patrol Guider, and I was able to see my girls create new, lasting friendships as I myself had done previously. Enderby had the thunderstorm(s), but the people of Enderby brought tears to my eyes on multiple occasions with their genuine kindness.

For many of us, one of Smithers' challenges will be the distance, but don't let that stop you. SOAR always presents us with challenges. What makes it worthwhile is the strength and community that comes as a result of facing the challenges and overcoming them together. Every SOAR promises girl

and adult members alike a memorable experience and a chance to experience our province in new and unique ways.

At SOAR I've had some of the best programming experiences that I had as a girl member—from horseback riding to marine science centres, glass etching to wood burning. I've had my Guider lose her SOAR T-shirt and sport a plastic bag until she found it. I've fallen out of an inner tube countless times in my attempt to successfully go floating down a river. I've read the final installment of Harry Potter alongside my patrol members, while my Guider tried to figure out why we were all sitting in a circle reading instead of out trading crests.

For those Guiders who have never been to SOAR, it can be difficult to explain why it is the best camp for you to go to, and the best camp for you to take your girls to, because so many of those reasons are based on the positive, emotional experiences associated with attending this camp. Really, SOAR is a well-oiled machine: the inspirational, strong women who organize this camp know what they're doing, and they will take care of you and your girls.

For those who have already been, who are wondering if it's worth the extra travel distance ... the answer is yes. Smithers is absolutely beautiful, and you want to come out of your tent each morning to have that view of the mountains. The extra travel time just gives you a few extra days to create new memories with your patrol and fellow Guiders.

Archives/ Museum

The Archives/Museum Committee is looking for hard copy ACTION photographs from events, camps, meetings, etc. of girls and leaders from the year 2000 to the present. We are not interested in posed group photographs at this time.

If you have any photos you wish to donate to the Archives/Museum collection, please send them to Guide House, 1476 West 8th Avenue, Vancouver, BC V6H 1E1, marking the envelope with "Archives Committee."



SOAR 2017 in Smithers

July 22–29, 2017

If you're planning to go to SOAR, please take note of these very important dates!

- Out-of-province patrol Guider application deadline: September 1, 2016
- BC patrol Guider application deadline: September 15, 2016
- Core staff application initial deadline: October 15, 2016 (applications will be accepted until all positions are filled; the October 15 deadline allows the selection process to occur at the November SOAR committee meeting)
- Email notification to accepted patrol Guiders: September 30, 2016
- Email notification to accepted core staff: December 1, 2016
- Name the Mascot submission deadline: December 31, 2016
- Girl applications: open from January 1 to March 1, 2017
- Patrol information (waivers, forms, etc.) posted to website: January 15, 2017
- Patrol deadline to submit **\$1,500** to your area (Ranger half-patrols submit \$750): **January 20, 2017**
- Area deadline to submit first installment fees for all area patrols: January 27, 2017
- Core staff information posted to website: February 1, 2017
- Input of patrol/girl registration and program choices deadline: March 1, 2017
- Patrol deadline to submit **\$1,500** to your area (Ranger half-patrols submit \$750): **March 3, 2017**
- Area deadline to submit second installment fees for all area patrols: **March 10, 2017:**
- Patrol waiver forms due: April 1, 2017
- Core staff waiver forms due: April 1, 2017
- Patrol deadline to submit **\$1,000** to your area (Ranger half-patrols submit \$500): **April 21, 2017**
- Area deadline to submit third installment fees for all area patrols: **April 28, 2017**
- No substitutions to patrols after June 15, 2017

Applications and more information can be found at www.soarbc.com



SOAR 2017 Name the Mascot

We want your naming ideas to SOAR 2017's mascot: a cute RED FOX!

Send submissions to:
soar@bc-girlguides.org; please state "Mascot" in the subject line

DEADLINE for entries is
December 31, 2016



Alberta Girls' Parliament

In March 2016, two BC Rangers, Amy and Jordan, were selected to participate in Alberta Girls' Parliament (AGP) in Edmonton. These are some of their reflections on the experience.

Amy:

On the first full day, we had a tour of the Alberta Legislature building before lining up on the steps to meet the premier, Rachel Notley. Before she arrived, we sang "On My Honour" for the press and other bystanders. Rachel Notley and a few MLAs gave speeches and we got photos with many of the female MLAs. We met the Speaker of the house and got to ask him questions. Afterwards, we saw a sitting in the legislature. The debate was very interesting and there were some funny heckles. We got to see the system of government and how things get done. Then we had a mini debate to pass fictional Bill 13, the "Lookin' Like a Fool Act; be it resolved that (BIRT) men and boys who wear low-riding pants be given a fine of \$150." It had good arguments on both sides, ranging from the concern that people could trip and fall and waste taxpayers' money in the hospital, to the

suggestion of giving offenders a belt instead of a fine. I learned a lot about the provincial political process, not only in Alberta but also in BC.

We had many guest speakers, including Kim Campbell, the first female prime minister; Bev Esslinger, the only female councillor on Edmonton's city council; Don Iveson, the mayor of Edmonton; and Donna Robb, the executive director of the Famous Five Foundation. Kim Campbell and Don Iveson were my favourite speakers; they both had a strong conviction that government was supposed to be about public service and serving the people you represent.

The next day we went to West Edmonton Mall, then we had caucus, supper, and the opening of the 45th Session, with Kim Campbell as our honorary lieutenant-governor. Our debate: "BIRT minimum wage be increased to \$15.00 an hour for individuals 18 and over and \$12.30 an hour for individuals under 18." We had an audience and pages that were Guides and Pathfinders.

The next day, we had two debates,

one about implementing a holiday to recognize injustices towards aboriginal peoples and the other about Alberta introducing privatized hospitals by 2020.

On the last day, we had a fun debate and the prorogation and closing of the 45th Session. The fun debate was by far my favourite. The bill was "BIRT artificial intelligence (AI) be given the right to vote." My side was against it, and we drew pictures to use as "evidence" artificial intelligence would overthrow us. We came in wearing aluminum foil to "protect us" from the AI and we handed out aluminum foil to the audience and pages. The opposition decided that we were in the year 3000, Canada had been destroyed, and we now lived in Louiseland next to Trumptopia. Our side had a "photo" showing the leader of the AI, Donald Trump. It was very funny that both sides had worked Donald Trump into their arguments.

I would like to thank BC Council for selecting me to go to AGP. I got to develop my public speaking and debate skills, learn about parliament, and I met so many great people with similar interests.



Jordan:

March 16: I arrived in Edmonton at 12:30 p.m. and was picked up by two leaders, Laurie and Heather. I've only met two girls so far, Madison and Mia, from Nova Scotia. At 7 p.m., everyone met downstairs and we had pizza. We played Never Have I Ever to get to know each other, got our AGP pin and talked about all the rules. I see some friendships already forming. We held a quick caucus to pick our party whip then retired to our rooms. I can't wait for tomorrow!

March 17: Today was really busy. We got on a bus to the Legislative building, where we sang "On My Honour" in front of many reporters and listened to a speech before meeting with Mr. Speaker. Later, we had our caucus for the practice debate. Lots of good points were made. We met Rachel Notley and heard her story. We had the debate. It was very confusing at first. I got up to say something but I froze partway through. Everyone was so supportive though. I hope to do better next time.

March 18: The day started with a quick caucus before heading to West

Edmonton Mall for five hours. We went back, then had a caucus for our first real debate. We opened the debate and had Kim Campbell join us. I spoke once. I was so nervous but I got through it. We took part in a service project about raising awareness of vision problems in Third World countries.

March 19: After caucus and our debate, Don Iverson came and talked to us about municipal government. The third debate was interesting. I spoke twice, and I wasn't nervous at all. Following the debate we had dinner and got to mingle with the guests. We had a last-minute talent show. I told bad chemistry jokes. Stuff like "I would tell chemistry jokes but I'm afraid I won't get a good reaction." Everyone found them funny. It was sad to think we will be leaving tomorrow.

March 20: We had a caucus for the last fun debate. It was on if AIs should have the right to vote. It was really fun ... For the first time, opposition won because we had a standing vote. We won by two votes! After lunch, we all received our certificates, cleaned up,

then left. It was an amazing experience.

It's sad to think that AGP is over. The girls were amazing and so friendly. Even though we had only known each other for a few days, it seems as if it's been a lifetime. When I first arrived, I knew no one. I was super nervous and tried to talk but was so scared I froze in the middle of my point. So I sat down. Everyone was so supportive afterwards, that I gained the courage to speak up in the other debates. These young ladies were open and invited me to talk with them. This experience wouldn't have been the same without them. We have argued with each other in debates, but once they were over, we were best friends. We have formed friendships that will last a lifetime, and in a way, a bond of sisterhood. I have learned so much about myself and feel so empowered and confident.

I have shared this with as many girls as possible and have strongly recommended it. It was a great experience and I want everyone to get to know what it is and feels like. Thank you so much for giving me this opportunity.

OAL Adventure Module 8 Snowshoeing Expeditions

When: February 10–13, 2017

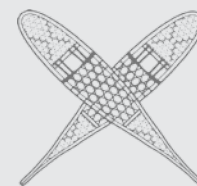
Who: Two groups of eight Guiders who have started their OAL Adventure Camping training

Where: One trip will explore the snow-covered mountains on the coast, while the other will explore the wonderful snow conditions found in the Interior. Guiders will be assigned to a trip based on location to minimize travel.

What: Guiders will gain three nights' experience in a moving camp toward completion of the Outdoor Activities Leadership Adventure Camping training, learn important snow safety skills and enjoy the majestic backcountry from a whole new perspective.

Cost: \$125

Applications will be available in the fall. Application deadline is October 31, 2016.
For more information please contact adventure.trex@bc-girlguides.org





Patrice Schoepfner, BC Camping Committee

Camping and Training at Camp Arbuckle



Camp Arbuckle was buzzing with activity June 3–5, 2016. The hive of activity included Layer Cake Mountain District’s Guide and Pathfinder Camp, with 24 girls coming together to join in the friendship of Guiding; an OAL Residential Training on Saturday that was attended by 12 Guiders; and three Guiders and a Pathfinder completing their Lakewater Basic Tandem Level 1 canoe training on Saturday, with another nine Guiders completing the training on Sunday.

Friday night held some struggles with taking a little bit longer to put up tents than expected, so after making pizza pockets in pie irons, the girls didn’t get



to bed until after 11 p.m. but were all up on time on Saturday morning. A big thanks needs to go out to the five Pathfinders, Samantha, Melissa, Marissa, Emily and Alyssa, who took on roles as patrol leaders for the Guides during cooking and throughout the weekend.

The Guides and Pathfinders took part in activities including making Father’s Day cards and painting “Dad Rocks” rocks, learning about heat stroke and how to keep cool during hot days, and doing a camp service. They also made “cool down” neck ties, donating them to Kelowna’s Inn from the Cold for homeless people in the community to help them stay cool during the hot Okanagan summer.

After lunch, Coralie from Vernon Search and Rescue presented the AdventureSmart Hug-a-Tree and Survive program (details available at <https://www.adventuresmart.ca/kids/hugatree.htm>).

After making ice cream in a bag, the girls enjoyed

Okanagan Lake and water activities before heading back into their patrols to make supper and take the flies off their tents so they could sleep under the stars to complete the BC Summer Camping Challenge. We had a beautiful campfire beside the lake.

Hats off to all the Guiders who came out to Arbuckle to expand their camping skills so girls can have more adventures in the outdoors. We can dust off those canoes at Camp Arbuckle a few more times a year, now that we now have 12 more Guiders who can canoe with the girls.





The Dogwood Experience: Celebrating Outstanding Women

*Alison Speirs, Katie Caple
and Christine Harrison, Guiders*

Photos: Lee Halliday



Training and Enrichment for Adult Members (TEAM) is the national training program designed to provide adult members the opportunity to obtain the skills and resources they need to carry out their positions. Attending training also helps them connect with other Guiders, share ideas and remain energized about Guiding.

The Dogwood is a post-enrichment training opportunity for experienced members and invites them to examine and reflect on their lives as Guiders, volunteers and women. Lions Area hosted a Dogwood training at Camp Olave, on the Sunshine Coast, in early January this year.

We hoped to have participants from several areas because meeting Guiders from all over adds to the richness of the experience. We had 23 participants from Monashee, Thompson

Nicola, Pacific Shores, Southern Vancouver Island, Fraser Skies, West Coast and, of course, Lions. We were also lucky enough to have a participant from Manitoba!

Considering that the weekend we had chosen was in early January, we hoped to be blessed with the usual sunny skies, early robins and flowering cherry trees typical of the Sunshine Coast, and we were not disappointed!

Many of us had never met before, so opportunities to “make new friends” and celebrate our Guiding sisterhood were woven throughout the weekend like silver and gold threads.

Our foundation was our commitment to the Guiding philosophy and our Promise and Law. Through the process of getting to know each other, we were both inspired by and inspired others. Our common bond but contrasting perspectives and experiences helped to mold many interesting group activities and discussions. The goal for the weekend was to both reflect and refresh. Through the process, we each had an opportunity to develop both a greater understanding and a deeper connection to Guiding.

The weekend followed the same time-honoured traditions of all great Guiding activities: good food, great people and fun through doing and sharing!

We likely all joined for different reasons, but we stay and continue to work and play in Guiding because of the many people and experiences that enrich our lives. Our hope was to create an atmosphere of quiet contemplation and joyful noise, and then just sit back and let the magic happen. The photos tell our story!

To find out how you can experience the magic and memories of a Dogwood by hosting one in your area, contact Kerrie Glover, the provincial training adviser, and she will guide you through the process (training@bc-girlguides.org). She can also help with trainers/facilitators if needed.





Photo: Zaid Moosa

Juliette Low Seminar at Kusafiri

Shelby Kennedy, Guider, Fraser Skies Area

This past March, I found out I had been selected to represent Girl Guides of Canada at the 2016 Juliette Low Seminar (JLS) at Kusafiri! JLS is WAGGGS' flagship leadership development program that has been happening for over eighty years. For this event, Kusafiri (the fifth World Centre) was hosted by the Ghana Girl Guides Association (GGGA) and held in Accra, Ghana. I also learned I

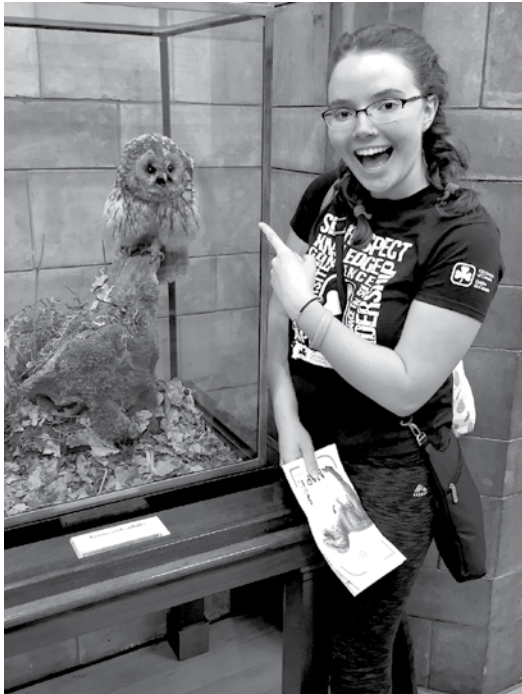
would be attending with another Guider from Montreal, Mary-May. We were given the option of planning and paying for any extra travel, so we decided to spend five extra nights in Ghana before and after the seminar, and four nights in London on the way to split up the travel. We also took the opportunity to stay at another World Centre, Pax Lodge.

After what seemed like forever, my adventure finally started, and I met Mary for the first time at the Toronto airport on May 22. Onwards we flew to London, where we became fast friends and crammed every tourist activity you can imagine into our time there. We spent two of our nights at Pax Lodge, but unfortunately there weren't many other people there. Just when we were getting used to a new country, it was time to move on to the next. It was my first time in Africa so I was very excited. After a long delay and quite an adventurous first

day, we made it to the GGGA training centre. I quickly made many friends as attendees started to arrive. Once JLS officially started, we were kept very busy with program, activities and outings.

The theme of the seminar was "Transforming Our World," and the focus of the program was developing our leadership skills so that we can initiate transformation in all areas of our lives. The WAGGGS planning team did a great job of running the program, and you could tell there were a lot of participants who would be walking away with tools that could greatly improve their lives. My biggest takeaway from the seminar was gaining inspiration from other member organizations and participants. Some of these ladies are doing amazing things, like Loza and Edda, who have worked tirelessly to bring Guiding to Ethiopia (<https://www.wagggs.org/en/blog/meet-young-women-who-are-bringing->





girl-guiding-ethiopia/). Just this spring, Ethiopia became WAGGGS' newest member! I also loved hearing about all the different programs available for young adult members in other organizations.

Some other activities included outings to a local craft market and to see a play performed by the University of Ghana, a simulation game based on the current refugee crisis and an awesome international night. Although everyone was sad to say goodbye at the end of JLS, I was looking forward to a hotel with air conditioning! Mary and I spent the next four days with Hayley from New Zealand as we explored Accra and the surrounding area. We visited plenty of markets (I came home with an extra duffel bag) and became quite proficient hagglers. We ate local dishes and at Pizza Hut (twice). We took a "bus" to Cape Coast for a day trip where we toured the Cape Coast castle (once the slave trade gateway) and spent the afternoon on the beach. The day of our departure had almost as many challenges as when we arrived, and fortunately

we left just before four days of flash flooding in Accra.

On our way home we had a twelve-hour layover back in London. We were there on the Friday before the Queen's official birthday weekend, and we decided to visit the Girlguiding UK headquarters. As we walked past Buckingham Palace, we saw Queen Elizabeth and Prince Philip leaving for a service at St. Paul's Cathedral! So we really did experience every British thing possible, I think.

Overall I had an amazing time and greatly enjoyed the international Sisterhood of Guiding at JLS. I made memories and friends to last a lifetime and crossed many things off my bucket list. I am so grateful for this opportunity Girl Guides has given me! To borrow one of Mary's mantras, Girl Guides is way more than just selling cookies. Now on to planning my next adventure ...

A Guiding Role Model

Isabella, Ranger, SVI Area

Every time someone asks me who my role model is, I only have one answer: Judy Macquarrie. Judy has been my Guiding leader for the past six years, all the way from cringe-worthy middle school years to now, my graduation from high school. The care and kindness she brings to each meeting is the reason I am still in Guiding. She has put hours of time into writing references for me, taking me camping, keeping track of everything I did in Rangers to ensure I received my Chief Commissioner's Gold Award, and attending every meeting our unit had. I cannot thank her enough for everything she has done for me, so this blurb is my way of attempting to tell her how much

she means to me. I remember the first time I made a shopping list for camp, I put pancakes on the list, and so she brought pancake mix. Unfortunately, the mix needed eggs, which I did not have on the list. That morning she made herself some delicious pancakes with the one egg she brought, while I made some very soggy ones. My shopping lists now include everything I need. Another of my favourite memories from Girl Guides is going to Seattle with my Pathfinder unit. We went to the museum and dressed up like narwhals, something I would only do at Girl Guides. Then we went to Pike Place Market and ate the best mac and cheese, only to find out one of the girls was lactose intolerant later



that night. Judy created an environment where I could be myself and feel confident. She taught me how to be a leader, not a boss. She showed me to be responsible and prepared. Because of her I know my dreams are possible to achieve with hard work. She is the best Guiding leader I could ask for, and I will miss her next year as I continue to university. Judy, I love you and I hope one day I can be half as great of a leader as you were to me.



How a Trip to Japan Came About

Kay Knox, Guider

The story behind these photos began in England in the summer of 1990. Along with two other Guiders and seven Pathfinders from the Kootenays, I attended an international Girl Guide/Girl Scout camp, called “Wings”, near Aylesbury, England. In our sub-camp, we became friends with Akiko Nishikawa, then 19 years old, from Hamamatsu, Japan. Two years later, Akiko came to the Kootenays for a hiking/camping trip.

Through her mother, Asako Nishikawa, we have kept in touch over the intervening years. Asako sent calendars, pins and trinkets depicting Girl Scouts in Japan and photos of their troop. A few years ago, I passed these along to Guider Jean Nelson of Clearwater, along with Asako’s address. Soon, letters were being mailed back and forth between Clearwater’s Girl Guides and members of Troop 24 in Hamamatsu. Yoriko Hokai, mother of one of Clearwater’s Guides, was invaluable in assisting with translations and more.



Jean’s next achievement was in arranging for four of the Girl Scouts and one leader to come from Japan to attend SOAR in Enderby in 2014. Much assistance was given by Guiders in the Provincial Office to make this happen. After camp, the girls and their leader, Naomi Yamamoto, came to Clearwater for homestay which included white-water rafting on Clearwater River. One of the four girls, Manaka, is Akiko’s daughter.

“Want to go to Japan next April?” Jean and I said to each other about a year ago. Emails went back and forth arranging this connection with our “Sisters in Guiding” in Hamamatsu. It all came true as seen in the photo of the welcoming party. These are the four girls who came with Naomi to BC; Akiko and I had no trouble recognizing each other. Fusako, with her considerable skills in English, helped in making all the arrangements. Upon our arrival, Asako drove us to the thoughtfully prepared welcoming ceremony with more girls and leaders. Following that, we went to her traditional Japanese home where Jean and I stayed—sleeping on the floor on futons.

Many enjoyable events involving girls and leaders happened over the next few days. We pounded cooked rice with mallets, turning it into sticky rice. This we shaped into rice balls for a picnic lunch eaten in the shade of cherry trees in full bloom near Hamamatsu Castle the following day. With the leaders, Jean and I also visited several shrines, a palace, another castle, a temple, and a beautiful Japanese garden.

It feels as if the circle has been completed.





AROUND BC

The 1st Ladysmith Guides, **Pacific Shores Area**, went to Vancouver and back in one day: 15 hours of travel/walking in 24 hours! Highlights included exploring Science World, riding on two ferries, trying out the Vancouver transit system (a first for a lot of the group!), and representing Girl Guides in a way that made their leader super proud! *Photo: Amanda Gillmore*



The 1st Golden Girl Guides promoted Pitch-In on April 19, 2016, by cleaning up the river shoreline for Earth Day. *Photos: Beate Sutter*



Trefoil Guild members Katie Caple and Bonnie Kent stopped in Kelowna to take a ride on the Myra Canyon portion of the Kettle Valley Trail on their way to the Trefoil Rendezvous, Wine and Blooms. *Photo: Courtesy Bonnie Kent*



The **Ottergrove District Pathfinders and Rangers** spent a wonderful weekend camping at Alice Lake! They rose before sunrise for a trek to the lake for some sunrise yoga and meditation. *Photos: Deb Shaw*



The 1st Abbotsford Rangers, Fraser Skies Area, enjoyed camping at Alice Lake Provincial Park in April. *Photo: Cheryl Wood*



BC
AROUND



Members of Abbotsford District, Fraser Skies Area, prepared multi-coloured pom-poms (coloured for each of the branches) for their Canada Day Parade float. *Photos: Cheryl Wood*



The 25th Seymour Brownies, Lions Area, participated in a Pitch-In Canada event at Cates Park in North Vancouver. *Photo: Jill Neale*



While travelling by train to the Rivers North Area annual Fun and Friendship weekend in Prince Rupert, these Guiding members met some Trefoil Guild members from England who were heading to Victoria to meet with a Trefoil Guild group there. *Photo: Debbie Fee*



These members of the **1st Aurora Pathfinders**, Lions Area, were presented with their Canada Cords at beautiful Camp Misconie in June. *Photo: Margaret Keith*



Seija of the 1st Ucluelet Girl Guides, Pacific Shores Area, received the Lady Baden-Powell Award at a year-end beach celebration in May. In addition to meeting the award requirements, Seija has earned nearly all of the interest badges for Guides! *Photo: Heather McLeod-Riddick*



In January, members of the 1st Marigold Guides, 1st Portage Inlet **Pathfinders** and 27th Victoria Guides, SVI Area, planted 26 trees in South Valley Park, Saanich, to improve the habitat for wildlife and provide important shade for the stream. Thanks to a \$1500 grant from the TD Friends of the Environment Foundation and support of the District of Saanich and Novus Plant, the girls dug holes in the mud and ensured the trees were securely planted.





The 129th Vancouver Brownies, West Coast Area, visited the Vancouver Avian Research Centre. The girls learned about banding birds and why protecting the birds' environment is important. Each girl had the opportunity to hold and release a bird, learn about the different types of birds and make crafts. They also delivered their bird-bags service project, which the girls had sewed at an earlier meeting. *Photos: Samantha Thompson*



The **2nd Panther Pathfinders, Lions Area**, participated in the spring cleanup at Camp Olave. *Photos: Erika McLean*



Abbotsford District, Fraser Skies Area, sold cookies at a car show in the spring. The SPCA was also on hand, so girls had a photo op with the SPCA "volunteer" bunny. *Photo: Siobhan Peck*



The 37th North Vancouver Brownies, Lions Area, celebrated International Women's Day on May 8 by remembering the women in history who have been brave and courageous and paved the way for change. Then the girls put together their own vision boards to document what they want for their own futures. *Photo: Karen Randall*



The 30th Grouse Guides, Lions Area, tried out sailing in June at the West Vancouver Yacht Club. *Photos: Michael Fortney*



The 2nd Gibsons Brownies, Lions Area, had a "camp in" puppet camp. They stayed at Sarah Wray Hall in Pender Harbour and the girls set up tents indoors. They made puppets, then constructed and painted a puppet theatre, and they had a great time entertaining each other with their puppet plays. They also enjoyed hiking and campfire, complete with s'mores! *Photos: Liz Wood*



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Photo: Stobhan Peck